

FOR IMMEDIATE RELEASE:

Monday, March 8, 2010.

CONTACT:

Carolynn Bright
Media Relations Coordinator
(406) 495-7506

Practice Makes Perfect When it Comes to Success on the ACTs and SATs

(HELENA) While ACT and SAT scores aren't the only factor that colleges evaluate when considering college admission, they do enter into the equation. For that reason, Montana students should take advantage of every opportunity to ensure they receive the best score possible.

Nonprofit Student Assistance Foundation (SAF) allows Montana students to take three, free Peterson's ACT and SAT practice tests each year from its SmartAboutCollege.org Web site.

"We at Student Assistance Foundation believe it's essential for every Montana student to have the tools to prepare for these important tests," said Kelly Chapman, SAF's vice president of Foundation Activities. "This is why we fund this invaluable resource and are doing our best to ensure that these opportunities are available to all students who want to attend college."

Each exam is divided into a series of timed sections designed to reflect the actual ACT and SAT tests. The sections take between 10 and 60 minutes for students to complete, and students have the option to pause while testing and return to the exam later.

Doug Cordier, counselor at Columbia Falls High School, encourages students to challenge themselves throughout their high school careers and to work hard to position themselves positively for college admission.

"Practice testing relieves test-day anxiety, provides familiarity with the subject material, testing format and time allotments," said Cordier. "If students take advantage of practice testing such as that offered through Student Assistance Foundation, they give themselves the best opportunity to earn their best score."

To access the free ACT and SAT practice tests, go to SmartAboutCollege.org, click on "Free ACT Practice Test" or "Free SAT Practice Test," register, and get ready to learn!

Student Assistance Foundation is a 501(c)(3) nonprofit Montana corporation that provides students with knowledge and tools to finance and pursue their postsecondary education. Funds generated by SAF are returned to Montanans in the form of education grants and public benefit programs - to date more than \$17.4 million. For more information, visit www.SmartAboutCollege.org or www.safmt.org

